

**Well Mannered Dog Play-at-home & Practice Sheet ~ keep count of your repetitions for each; use notes when adding distractions.**

	Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6	NOTES
<b>Focus:</b>							
Follow (pointed finger)							
leave it (hand/floor)							
watch/look							
touch palm							
<b>Sit with FREE</b>							
<b>Down with FREE</b>							
<b>Recall Basics:</b>							
leash click							
what's this							
<b>Leash Basics:</b>							
this way							
tap tap / opposition reflex							
follow the collar							
meet and greet							
moving quickly							
stopping							
auto sit / sit-to-side							
get around							
<b>Boundaries</b>							
door							
other? Name							
<b>The 4 D's</b>							
distance							
duration							
distraction							
delivery of rewards							
timing of praise							
release							
<b>Dog Speak</b>							
flexed joints							
curved spine							
blinking							
lip licking							
tail carriage							
sniffing							
scratching							
eye contact							
body posture							
body angles							
<b>Tricks</b>							
student decides or:							
through legs							
roll over							
spin/twirl/back movements							